

Measuring your feet

Nine measurements a foot, both feet, taken at home with a helper. The bench reads them, asks if anything is unclear, and returns your fit, confirmed, before anything is cut.

Nothing is cut until your fit is confirmed.

YOU NEED

- A flexible tape measure
- A thin pencil, held upright
- A second person to trace and measure
- These sheets, printed at actual size
- A wall with no skirting board, or a large book

BEFORE YOU START

- In the afternoon

In the socks you will wear

Standing, weight on both feet

Both feet

The tape
- Feet are at their fullest later in the day.

Sock thickness changes the fit.

Every measurement, tape and tracing.

No two feet are the same.

Keep the tape flat against the skin, snug but not squeezing.

CHECK THE PRINT · ALL THREE MUST MATCH

A bank card fits this box exactly

85.60 × 53.98 mm

50 mm square

each side, with a ruler



Print at 100 % ("Actual size"), on A4, never "Fit to page". If any check is off, change the print setting and print again.

YOUR SIZE, AS A CHECK · THE CM ROW IS FOOT LENGTH (G)

UK	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13
EU	39	39.5	40	40.5	41	41.5	42	42.5	43	43.5	44	44.5	45	45.5	46	46.5	47
US	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14
CM	25.2	25.5	25.8	26.2	26.5	26.8	27.2	27.5	27.8	28.2	28.5	28.8	29.2	29.5	29.8	30.2	30.5

If your foot length is a long way from your usual size, or you are outside UK 5–13, measure again or message the bench. If your toes reach past the top of the trace sheet, stand with your heel against the wall (or an upright book), hold a second book flat against the tip of your longest toe and measure from the wall to the book.

SIX KINGS

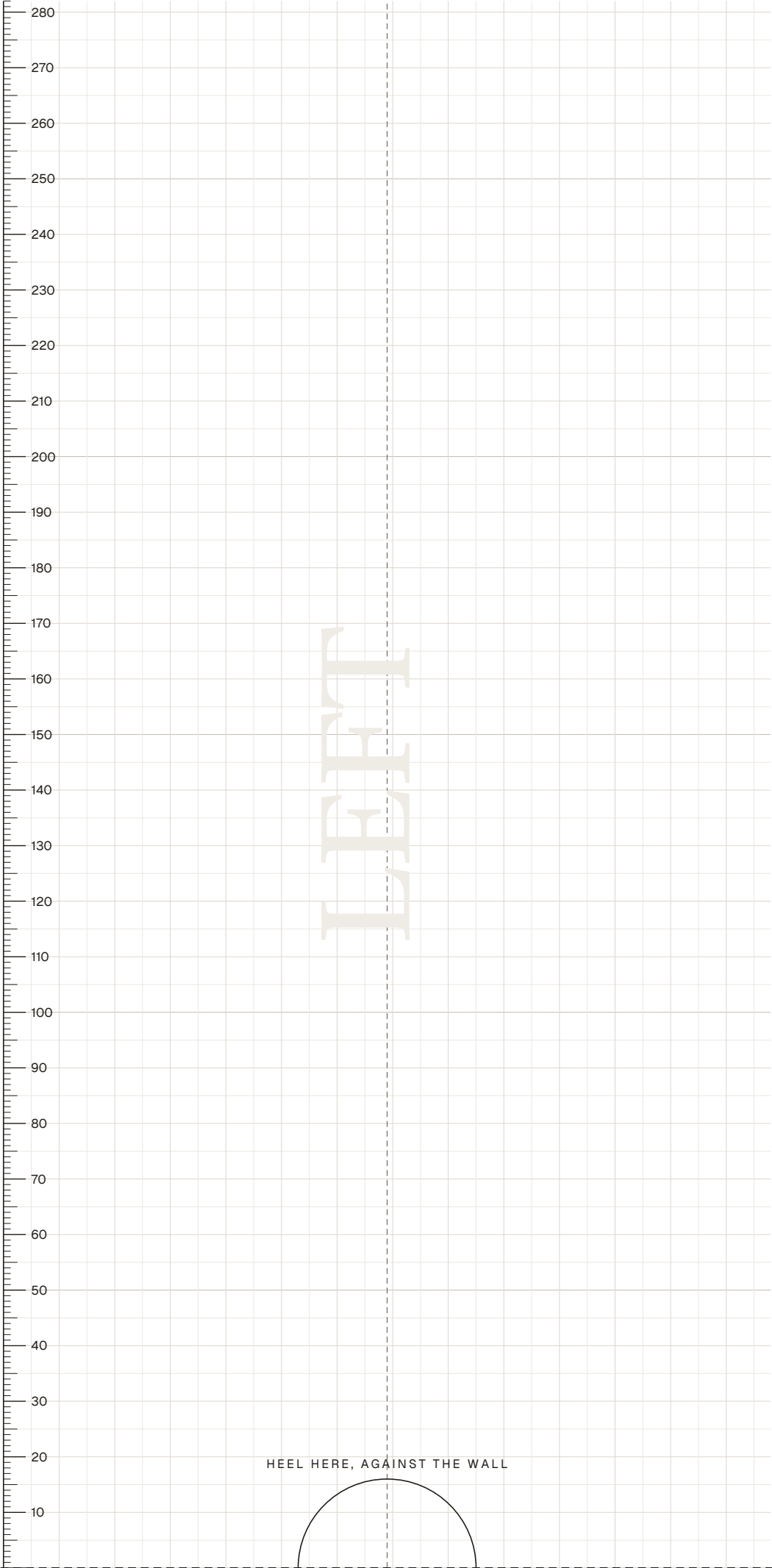
Left foot

SHEET 1 · TRACE

- 1 · FOLD
- Fold on the dashed line and press the fold against a wall with no skirting board (or a large book standing upright), the sheet flat on a hard floor.
- 2 · STAND
- Left foot on the sheet, in your socks, heel against the wall on the heel mark, weight on both feet.
- 3 · TRACE
- Your helper traces close around the foot, pencil upright, without lifting it.
- 4 · MARK
- A dot at the two widest points of the forefoot. Circle anywhere shoes usually trouble you.
- 5 · CHECK
- Trace closed, both dots marked, heel touched the wall throughout.

100 MM CHECK · MEASURE WITH A RULER

Name _____



SIX KINGS

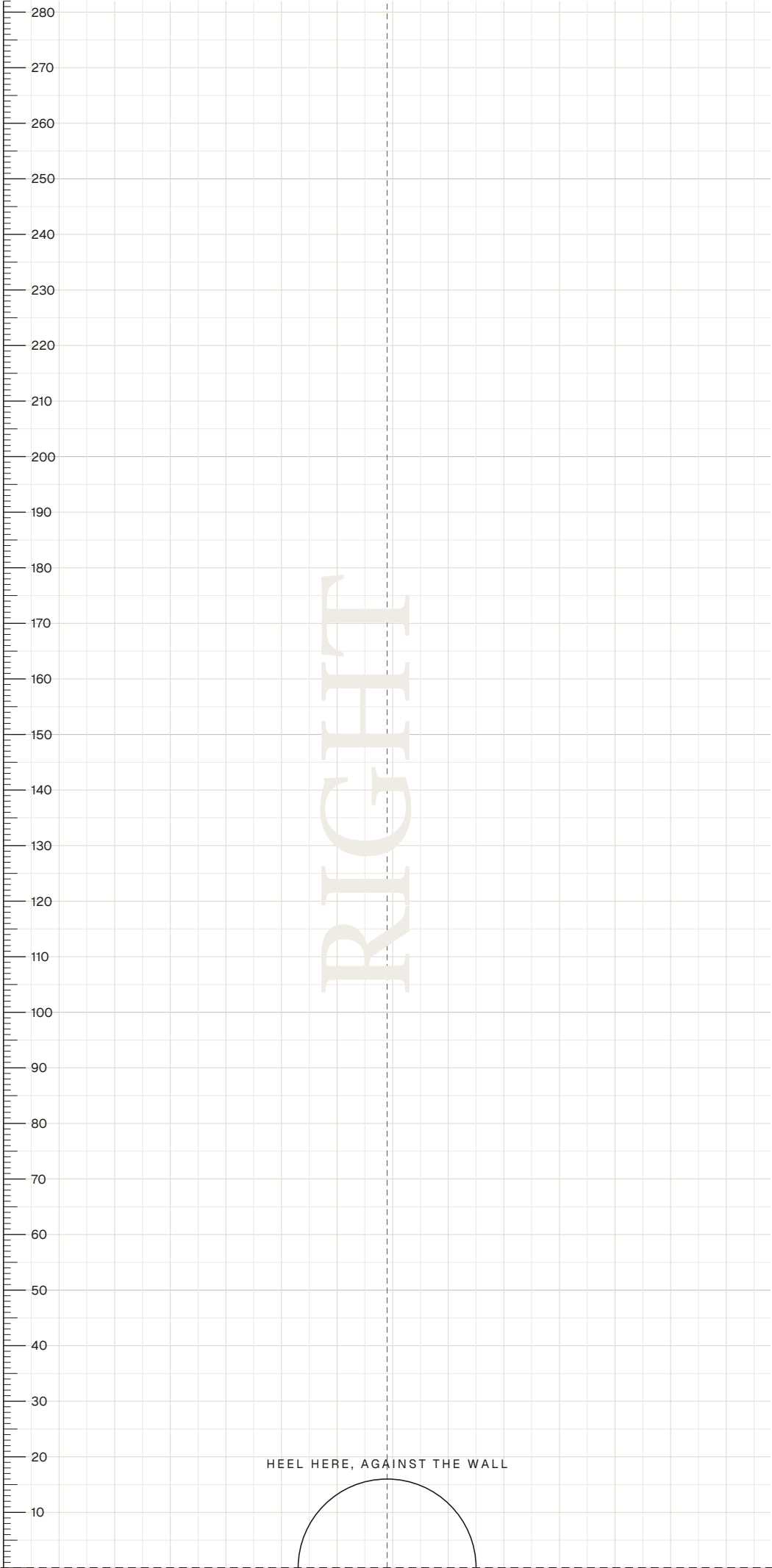
Right foot

SHEET 2 · TRACE

- 1 · FOLD
- Fold on the dashed line and press the fold against a wall with no skirting board (or a large book standing upright), the sheet flat on a hard floor.
- 2 · STAND
- Right foot on the sheet, in your socks, heel against the wall on the heel mark, weight on both feet.
- 3 · TRACE
- Your helper traces close around the foot, pencil upright, without lifting it.
- 4 · MARK
- A dot at the two widest points of the forefoot. Circle anywhere shoes usually trouble you.
- 5 · CHECK
- Trace closed, both dots marked, heel touched the wall throughout.

100 MM CHECK · MEASURE WITH A RULER

Name _____



Your measurements

In millimetres, both feet. E and F are for boots only. Keep the tape flat against the skin, snug but not squeezing.

Name

Commission reference

Date

Phone (WhatsApp)

	MEASUREMENT	LEFT	RIGHT	HOW
A	Joint girth			Around the widest part of the forefoot, big toe joint to little toe joint.
B	Mid girth			Around the foot exactly halfway between A and C.
C	Instep girth			Narrowest way round from the middle of the arch to about 2 cm above the instep bone.
D	Long heel girth			From just above the instep bone, round the back of the heel at the floor, back to the start.
E	Height · boots			Outside of the leg, from the floor to where F is taken.
F	Ankle girth · boots			Around the narrowest part of the leg above the ankle.
G	Foot length			From the trace: heel to the tip of the longest toe, on the ruler.
H	Forefoot width			From the trace: between the two dots.
I	Heel width			From the trace: the widest part of the heel.

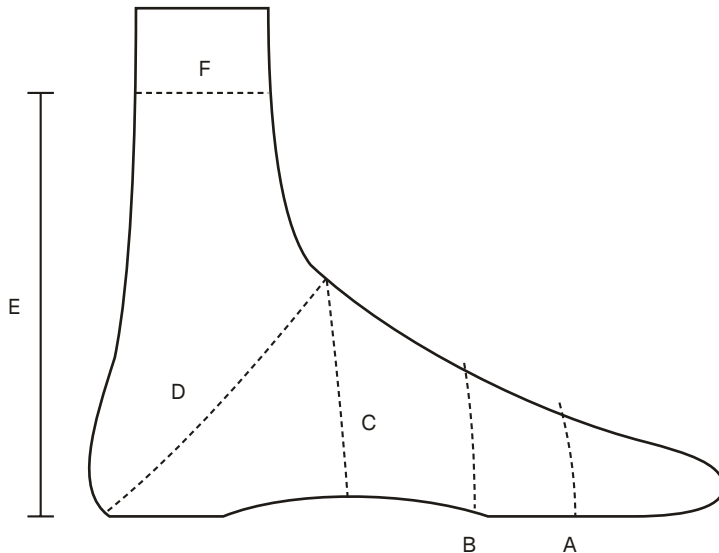
HOW DO YOU LIKE THEM TO FIT?

Heel	☐ Snug	☐ True	☐ Roomy
Instep	☐ Snug	☐ True	☐ Roomy
Toes	☐ Snug	☐ True	☐ Roomy

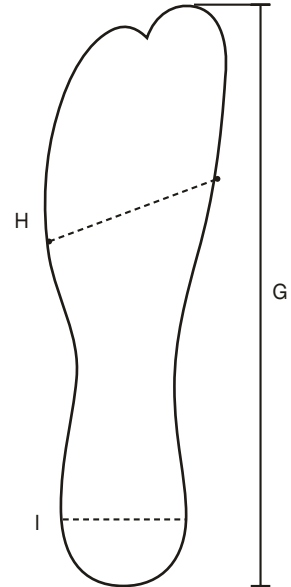
Anything else the bench should know about your feet or your shoes

Where each measurement goes

FROM THE SIDE · TAPE, A TO F



FROM THE TRACE · G, H, I



A	Joint girth	Around the widest part of the forefoot, big toe joint to little toe joint.
B	Mid girth	Around the foot exactly halfway between A and C.
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H	Forefoot width	From the trace: between the two dots.
I	Heel width	From the trace: the widest part of the heel.

SEND IT TO THE BENCH

- 1 Photograph every sheet flat, from straight above, with the checks and the ruler in view.
- 2 Send them on WhatsApp to +27 82 377 3777, or email support@sixkingsbrand.com, with your name and commission reference.
- 3 The bench reads them and asks if anything is unclear, or suggests a short call.
- 4 You receive your fit, confirmed, before anything is cut.

Nothing is cut until your fit is confirmed.